

# PUBS|COREMENU 2018

Pub's Allergen Guide- Rev f/ALB Core - April 2018

	Milk/Dairy	Eggs	Mustard	Peanut	Seafood	Sesame Seed	Soy	Sulphites	Tree Nuts	Wheat (gluten)
<b>STARTERS</b> Without side Dips/Sauces										
Crispy Cauliflower*	x	x	x				x			x
Side: Ranch	x	x	x				x	x		
Blarney Chips*	x				x		x	x		x
Buffalo Chicken Nachos*	x	x	x				x	x		
Base Nachos*	x	x	x				x	x		
Chipotle Beef Nachos*	x	x	x				x	x		x
Veggie Deluxe Nachos*	x	x	x				x	x		x
Chicken Wings* - Dusted (unsauced)										x
hot sauce										
medium sauce	x									
mild sauce			x				x	x		
Sri-Rancha sauce	x	x					x			
Crowd Pleaser Platter	x	x	x		x		x	x		x
Naked Chicken Wings* (unsauced)										
Poutine*	x						x	x		x
Calamari *	x				x					x
Side: Sweet Thai Chili Sauce										
Garlic Cheddies	x									x
Onion Ring Stack	x	x			x		x	x		x
Shepherd's Pie Mini Yorkies	x	x					x	x		x
Chip & Dip Duo	x	x	x				x			x
Warm Spinach & Artichoke Dip (no chips)	x	x	x				x			
Corn Tortilla Chips* (10 oz). (No dip)										
<b>SOUPS &amp; SALADS &amp; BOWLS</b>										
Baked French Onion Soup	x						x	x		x
Beet Salad	x		x	x				x	x	
Caesar Salad	x	x	x		x		x		x	x
Cobb Salad	x	x	x				x	x		
Fisherman's Chowder <small>without Garlic Cheddies</small>	x				x		x	x		x
Garlic Cheddies	x									x
Spinach and Arugula Salad	x		x	x			x	x	x	
Fionn's Power Bowl		x		x		x	x		x	
Be the North Lentil Bowl	x	x	x				x	x		
<b>ADD PROTEIN</b>										
Atlantic Salmon			x		x			x		
Flat Iron Steak										
Shrimp					x			x		
Grilled Chicken Breast			x				x	x		
<b>PIES</b>										
B-K-C Pie	x	x	x				x	x		x
Veggie Pot-Pie	x	x					x			x
Guinness Steak & Mushroom Pie	x	x	x				x	x		x
Salmon Leek Pie <small>without side salad</small>	x	x	x		x		x	x		x
Shepherd's Pie <small>without side salad</small>	x						x	x		x
<b>CURRIES and SKILLETTS</b>										
Butter Chicken Curry <small>with Rice &amp; Naan</small>	x						x	x		x
Cauliflower Curry <small>with Rice &amp; Naan</small>	x		x	x			x	x	x	x

Butter Chicken Skillet	x	x					x			
All Day Irish Breakfast Skillet	x	x					x	x		x
Guinness Steak and Mushroom Skillet	x	x	x				x	x		x

## MAINS

Bacon Wrapped Chicken with rice & asparagus	x						x	x		
Chicken Fettuccine	x						x	x		x
Waffle'd Up Chicken Fingers	x	x		x		x	x	x	x	x
Fish and Chips*with slaw and dungloe sauce	x	x	x		x		x	x		x
Maple Glazed Salmon with rice & asparagus	x		x		x		x			x
Slow Cooked Lamb Shank with potatoes & veg	x	x					x	x		x
Shrimp Fettuccine					x			x		x
Southern Fish Fry* with sauce	x	x	x		x		x			x
Steak and Fries*with mushrooms	x									

## FOOD ALLERGY CAUTION

The safety and satisfaction of our guests is our highest priority. To help you make more informed choices we created an Allergen Guide with symbols to indicate the presence of allergens in menu items. However, as in all non-dedicated kitchens, there is the possibility of cross-contamination between food items. Occasional variations in recipes or product formulations can also occur and there is a risk of cross-contamination of ingredients at the manufacturing site. If your allergy or intolerance is mild, please use this Guide to make your selection. © Prime Restaurants Inc. (including its affiliates, partnerships and franchisees) assumes no liability as a result of food related reactions.

\*All fried products may contain one or all of the allergens identified in the Allergen Guide as fryer oil is a source of cross-contamination

## BURGERS AND SANDWICHES without sides

The Big Bacon Burger	x	x	x			x	x	x	x	x
Chicken Tacos	x	x	x				x			x
Double Stacked Cod Sandwich *	x	x	x		x	x	x	x	x	x
Fish Tacos	x	x	x		x		x	x		x
Grilled Chicken Sandwich	x	x	x			x	x		x	x
Stacked Rueben	x	x	x				x	x		x
The Straight Up Burger *	x	x	x			x	x	x	x	x
The Club	x	x	x			x	x			x
The Publican Tophat Burger	x	x	x				x			x
Stacked Chicken Yorkie Wrap	x	x	x				x	x		x
Sunday Dinner Yorkie Wrap	x	x					x	x		x
Veggie Burger *	x	x	x			x	x			x
Side Pickle Spear			x							

## Vegan Mods

Blarney Chips							x	x		
Cauliflower Curry	x		x					x		
Fionn's Power Bowl				x		x	x		x	
Onion Ring Stack							x			x

## DESSERTS

Apple Crumble Pie with ice cream	x					x				x
Brownies and Ice Cream	x	x		x			x	x	x	x
White Chocolate Cheesecake	x	x		x				x		x
Ice Cream	x									

## KIDS without sides

Burgers	x						x			x
Chicken Strips*	x						x	x		x
Pasta with Tomato Sauce		x								x

Pasta with Butter	x	x								x
Half-Pint Shepherd's Pie	x						x	x		x
Naan Pizza	x						x			x

## SIDES

All Dressed Mayo		x	x				x	x		
Basket of Fries*										
Basket of Sweet Potato Fries*										
Blue Cheese Dressing	x	x								
Caesar Dressing	x	x	x		x					
Caesar Salad with dressing	x	x	x		x		x		x	x
Chipotle Mayonnaise	x	x	x				x	x		x
Creamy Avocado Ranch	x	x	x							
Dungloe Sauce	x	x	x				x	x		
Fisherman's Chowder Cup	x				x		x	x		x
Guacamole										
Gluten Free Bun		x					x			
Gravy	x						x	x		x
Honey BBQ Sauce			x					x		
Honey Citrus Vinaigrette			x					x		
Honey Mustard Vinaigrette			x					x		
Jalapenos										
Jasmine Rice	x							x		
Kids Fries										
Market Green Salad			x	x				x	x	
Mashed Potatoes	x									
Plum Sauce								x		
Rainblow Slaw with poppy seed dressing			x					x		
Ranch Dressing	x	x	x							
Roasted Red Pepper Mayo		x	x				x			
Onion Rings	x	x			x		x	x		x
Sauteed Mushrooms	x									
Salsa										
Sour Cream with Chives	x									
Sri-Rancha	x	x						x		
Strongbow Cider-citrus Vinaigrette			x					x		

## BRUNCH

Back Bacon Crunch Sandwich a la carte	x	x				x	x	x	x	x
French Toast without bacon	x	x				x	x		x	x
Morning Burger a la carte	x	x				x	x		x	x
Omelette of the Day w/12 grain bread & Salad-without side butter	x	x	x	x		x	x	x	x	x
Pub Breakfast* w/12 grain bread- without side butter & jam	x	x	x			x	x			x
Home Fries*										
All Day Irish Breakfast Skillet	x	x					x	x		x
Yogurt Granola Parfait	x			x		x		x	x	x

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